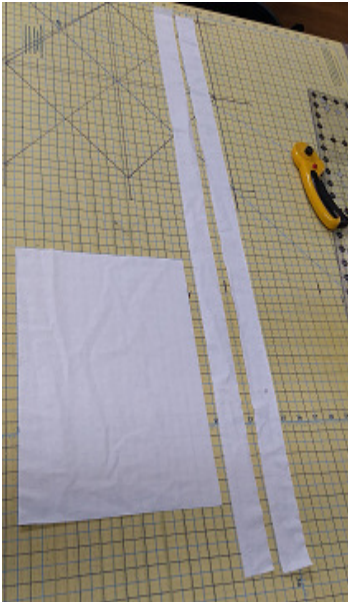




Materials:

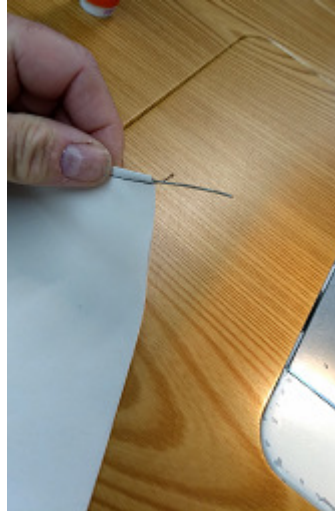
An old pillowcase or bed sheet (400 thread count or better),
and 3" of small wire, like a pipe cleaner, bread wrapper, or paper clip.

1. Cut a rectangle 9" x 12", and two strips 1-½" x 36".

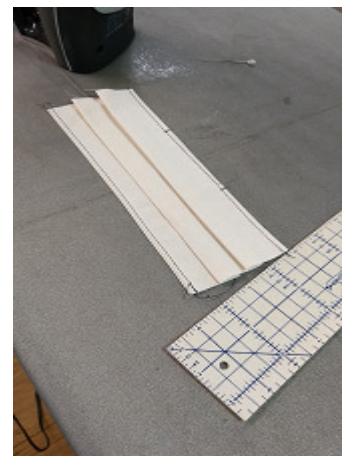


2. Fold the rectangle, right sides together, to make a smaller 9" x 6" rectangle.
3. Join the sides with a ¼" seam on the 9" edge.
4. Turn right-side out and press flat.
5. Top-stitch the two 9" sides, ¼" from the edge.

6. Insert the 3" wire into the seam on the folded edge and center.
7. Tack the fabric at the edges of the wire to hold it in place.

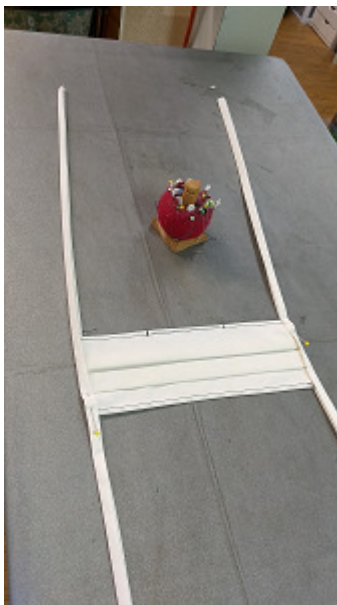


8. With the folded edge containing the wire at the top, fold and press the bottom up 1½" .



9. Turn over, and with the fold at the top, measure down ½". Fold and press it up, to make a pleat.
10. Measure up 1-½" from the first pleat, fold down, and press.
11. Measure ½" from that fold, and then fold up to make the second pleat.

12. To make the tie-on's, fold and press each edge of the 1-1/2" strips to the center.
13. Fold and press the strips in half to make two binding strips 36" long and 3/8" wide, for tie-on's.
14. Center and pin the tie-on strips to the mask, to create a casing over the pleated edges.
15. Sew the length of the strips to complete the mask.



That's it, you're done!